GLOBE POST

WEEKLY SNAPSHOT

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Your community. Your stories. Your weekly brief.

Three Vlakfontein women allege unfair dismissal

Three Vlakfontein women claim they were dismissed just hours after starting work at Roots Butchery along the Golden Highway, without a clear explanation...



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Help Naidoo family recover after house fire



The Lenasia South community is urged to support the Naidoo family after a devastating fire destroyed their home and two vehicles, with local organisations collecting clothing, household essentials and donations to help them rebuild.

MORE INFO

One-Pot Chicken & Cabbage Rice

By Chef Hey Taylor | Serves 4
Time: 45 min | Easy





Ingredients: 6 chicken pieces, 1½ cups rice (rinsed), 3 cups shredded cabbage, 1 chopped onion, 1 grated carrot, 2 tbsp oil, 2 crushed garlic cloves, 1 tbsp mild curry powder or chicken spice, ½ tsp turmeric, 1 chicken stock cube, 3 cups hot water, salt and pepper to taste. Optional: chopped coriander or spring onion.

1. **Season chicken with salt, pepper and half the curry powder or chicken spice. Heat oil in a large pot, brown chicken on both sides, then remove.**
2. **Fry onion in the same pot until soft. Add garlic, carrot, cabbage, turmeric and remaining spice. Cook for 3–4 minutes.**
3. **Stir in rice, hot water and crumbled stock cube. Return chicken to the pot, placing it on top.**



Lenasia South Church spreads hope through community outreach

For three years, Emmanuel's Christian Fellowship has been supporting vulnerable families through weekly meals, health screenings and essential social services, bringing hope and relief to communities in and around Lenasia South.

MORE INFO

23-Year-Old arrested after suspicious vehicle stopped on Golden Highway



A 23-year-old man was arrested on the Golden Highway after police intercepted a vehicle linked to an alleged house robbery and recovered suspected housebreaking tools and a pellet gun.

MORE INFO



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