

GLOBE POST WEEKLY SNAPSHOT

Volume 1. Issue 21

Your community. Your stories. Your weekly brief.

🌟 High-speed crash reignites safety concerns on Starling Road

Lenasia South's very own **Snake Man** is making a difference, one snake at a time, with a mission to protect both residents and reptiles! 🐍🌿



MORE INFO



❤️ Community care makes a difference in Lenasia South



FaithJHB Church brought residents together for a Community Wellness Day on 10 October, focusing on care, support and the wellbeing of the community

MORE INFO

🍄 A Little Mushroom Magic for Your Table!



Creamy, cosy and budget-friendly, this Vegetarian Mushroom Stroganoff with Rice makes a delicious meat-free supper!

🕒 35 minutes | 🍽️ Serves 4 | 📖 Easy

Fry 1 chopped onion and 3 crushed garlic cloves in 2 tbsp butter and 1 tbsp oil. Add 600g sliced mushrooms; cook until browned.



Follow me on **Hey Taylor!**

Stir in 2 tsp each paprika and mustard, plus 1 tbsp flour. Add 1 cup vegetable stock; simmer until thickened. Gently stir in 250ml cream or sour cream, season and finish with parsley. Serve over fluffy rice.

👩🍳 **Recipe credit: Hey Taylor**

🌟👤 From missing-person poster to modelling spotlight! 💖🔥

Lenasia South's Joshika Micheala, 21, is turning pain into purpose with JMB Modeling Studio, inspiring young women to embrace their confidence. ✨
Read more below



MORE INFO

🏆🥋 From hard work to black belts! Lenasia South karate stars shine! 🌟👏



MORE INFO

🥋 Lenasia South karate students celebrate black belt success as their academy sets its sights on expanding into Phumlamqashi

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