

# HALALALA!

## Govender's legacy of truth-telling honoured at Nat Nakasa Awards



Globe Post' Publishing Editor, Shirley Govender, celebrates this win with fellow media leaders, Neo Mcinga, Moipone Malefane, Slindile Khanyile, Dunisani Ntsanwisi and Christopher Mcinga last Saturday evening at The Venue in Melrose Arch, Johannesburg

The South African National Editors' Forum (SANEF) honoured outstanding examples of journalistic bravery at the 2025 Nat Nakasa Awards for Courageous Journalism, held at a gala dinner in Johannesburg on 20 September. Xenor Projects' very own publisher, Shirley Govender, was named the winner of the 2025 Nat Nakasa Community Media Award.

Govender, who has been publishing **GLOBE POST**, **Orange Farm News** and **Walkerville & Savanna City Times** for over three decades, was recognised for her fearless commitment to speaking truth to power and consistently providing vital information to township residents even in times of great personal risk.

Armed only with pen and paper in March 1992, she launched her first publication, Southern Globe, speaking out against the Group Areas Act and systemic denial of basic services in Lenasia South. At a time of political violence and community upheaval, she defied propaganda and harassment to give a voice to residents who were being ignored. Over the years, she faced harassment, and arrest - yet she never stopped printing. Today, her three publications remain a vital source of information and a platform for solutions-driven journalism, helping to amplify the voices of marginalised communities.

The Nat Nakasa Awards honour journalists who show exceptional courage, integrity, and commitment to truth-telling in the face of threats, intimidation or hardship. SANEF chairperson, Makhudu Sefara, praised this year's winners for being "guardians of democracy" and upholding the integrity of the profession in a changing world. Govender said: "This recognition places **GLOBE POST** firmly on the national journalism map, showing that grassroots newsrooms play a crucial role in defending democracy and building thriving communities."

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## Heritage day at Wasalaam Nursery



The day was nothing short of amazing and magical at Wasalaam Nursery and Pre-school. The little ones shone in their colourful traditional outfits, proudly celebrating culture and heritage. With lively dances, songs and big smiles, the day was filled with joy and learning. Teachers joined in, making it a true celebration of unity in diversity.

**COMMUNITY NOTICES**

**Meelad Un Nabi in Lenasia South**  
 Sham-ul-Islam Masjid invites all to its 37th Annual Meelad Un Nabi on 27-28 September at 1968 Peacock Street, Lenasia South. Programs include zikr, naats, and lectures by ulema. Ladies' facilities available. For more information call MM Khan on 082 455 0627

**Recovery Awards 2025**  
 Nishtara Centre will host its Recovery Awards on 11 October at 2pm, Park Primary Hall, Lenasia. Tickets are R250. For ticket sales call 065 558 5439

**Diwali Festival 2025**  
 Join the Hindu Co-ordinating Council for the Diwali Festival on 18 Oct from 2pm at Wolves Soccer Ground, Ext 5, Lenasia. Enjoy food, stalls, entertainment and a grand fireworks display. Secure parking.

**Boxing Event at Ext 9 Civic Center**  
 The Undisputed Boxing Academy, in partnership with Fvck, will host a boxing event on 22 November at the Ext 9 Civic Center. The weigh-in starts at 7am and the main event at 12pm. Food and refreshments will be on sale. For more information call Virgil 078 537 5191.

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# Lenmed's Ahmed Kathrada Private Hospital marks 100th Bariatric Surgery milestone



Image: Lenmed's Ahmed Kathrada Private Hospital

From left: Prof Jeanne Lubbe, Dr Morgie Govender, Dr Mohammed Arif, Dr Muhammed Khalil, Dr Siphon Dube, Yoliswa Kodisang, Douglas Mdluli, Obakeng Shoai, Dr Nkosikhona Mlimi and Dudu Mthembu

The Hospital's Metabolic and Weight Management Centre successfully completed its 100th bariatric surgery this month.

The achievement comes just two years after the Centre's launch in June 2023, reflecting the growing demand for advanced obesity management in South Africa. Bariatric surgery commonly known as weight loss surgery is increasingly recognized as a life-changing intervention for individuals living with obesity and related conditions such as diabetes, high blood pressure and sleep apnea. While not a quick fix, it is a proven medical procedure that, when paired with lifestyle changes, supports sustainable weight loss and

improves quality of life. The landmark 100th procedure was performed by Dr Muhammad Khalil, a leading metabolic and bariatric surgeon, supported by a multidisciplinary team of specialists. "Bariatric surgery is not a quick solution it is a catalyst for change. Patients who commit to healthier habits after surgery are far more likely to achieve long-term success. At our

Centre, we empower patients with the tools, guidance and support to transform their health and lives," said Dr Khalil. The Centre follows a holistic care model, involving surgeons, dietitians, psychologists, and other specialists. This approach ensures thorough pre-surgical evaluations, personalised treatment and ongoing post-surgery support.

Since opening its doors, the Centre has seen rapid growth in demand, reflecting both the rising prevalence of obesity and increased awareness of bariatric surgery's benefits. Patients often report not only significant weight loss but also improved energy, mobility and reduced risk of serious health conditions. Abdool Amod, CEO of Ahmed Kathrada Private Hospital, said: "This milestone underscores the Centre's commitment to excellence and patient-centred care. We are proud to lead in addressing obesity one of South Africa's biggest health challenges by offering safe, effective and life-changing solutions." While surgery carries risks, Lenmed's patient-focused approach ensures every individual is fully informed, carefully evaluated and supported at every stage. Many patients have already experienced lasting results that extend well beyond weight loss, enhancing overall wellbeing and life expectancy.

**For more info or to book an appointment, contact the Metabolic and Weight Management Centre at Ahmed Kathrada Private Hospital on 011 854 - 5192.**

# Siyathandwa Seniors enjoy day of fun at Tumanako Ranch!



Image: Lavern van Rooyen

Ennerdale's seniors connect with nature and horses!

The visit, filled with laughter, joy and heartwarming moments, left seniors beaming with happiness on 13 September.

Lavern van Rooyen, founder of Siyathandwa Senior Social Club, told *GLOBE POST* that the elderly were treated to a memorable day at Tumanako Equine Therapy NPO. She is grateful to Jolene and her family for welcoming them to their beautiful ranch. She said: "I was looking for a free outing for our seniors since we don't receive any funding yet. Jolene generously opened her doors and we even received some food sponsorship from Debonairs. It was truly a day to remember." Siyathandwa Senior Social Club, based at Ennerdale Temple Agape Assembly next to Shoprite, aims to provide seniors with opportunities for social interaction, fun and meaningful experiences, fostering community and connection. Thanks to Tumanako Equine Therapy, for their kindness, the seniors experienced not just a day out, but moments of care, laughter and companionship. "Events like this highlight the power of community support and the importance of bringing joy to the lives of the elderly," she added.

# Community spirit shines at Daxina Senior Citizens' 3rd anniversary



Image: Daxina Senior Citizens

Chairperson Veronica Govender, vice chair, Billy Govender and Eshara Rathiram, with DSS members

The group marked this special milestone with a cake and smiles on 10 September at the Lenasia South Civic Centre. This event celebrated years of unity, friendship and shared experiences. It was a joyful occasion that highlighted

the strong bonds formed within the community. Secretary of the group, Eshara Rathiram, extended heartfelt gratitude to all members who contributed to making the event a memorable success. "Thanks for amazing 3 years, we look forward to more years," said Rathiram.

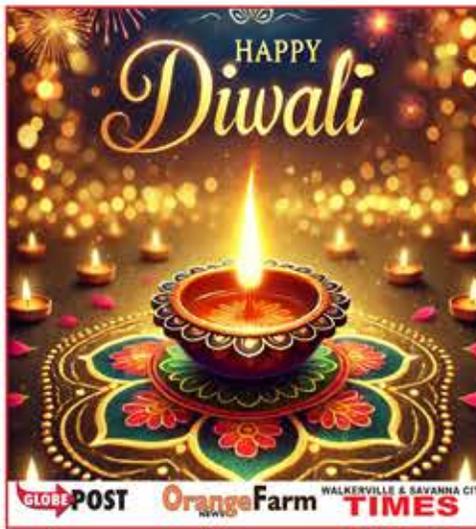
# Drug & Alcohol Recovery Awareness inspires change in Lenasia South



BROTHER SUPPORTS BROTHER: Attendees and organisers unite to inspire hope and resilience

Earlier this month, Lance Naidoo and Teegan Phillips, both 13 years sober, hosted the Lenasia South Drug and Alcohol Recovery Awareness Campaign at Sheffield Park, Ext 4. This initiative, which began as a school support group, has grown into Birth Brothers in Recovery Treatment Home, offering addicts

a path to sobriety. Naidoo told *GLOBE POST*: "The turnout was amazing and the message reached those still suffering." Phillips added: "We want young people to know recovery is possible and help is available." The campaign reflected unity, hope and commitment to guiding others toward a life free from addiction.



GLOBE POST Orange Farm WALKERVILLE & SAVANNA CITY TIMES



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# GIVE NO PLACE TO THE DEVIL



By Ps Radha Moodley  
Faith Bible College

*Time and again, we do things unintentionally.*  
But it's time we take cognisance of what we're doing and saying. It's time we become mindful of our actions and words. Why? Because the devil walks about like a roaring lion, sneaking around to find someone to attack and swallow up. Are you the one? Are you the one who is always telling little lies and cheating, acting unfairly to gain an advantage at another's expense? You just find yourself doing it without awareness and repentance! Jacob served Laban for seven years as a dowry to marry Rachel, whom he loved. In the morning, after the wedding, he found out that Jacob tricked him and it was Leah, Rachel's older sister. When Jacob enquired of Laban, he said that, according to their custom, the older must marry first. But this was not mentioned at the beginning. After fulfilling the wedding week

and with promise that he would have to work another seven years for Laban, he gave Rachel to Jacob (**Genesis 29**). Laban didn't stop his lying and cheating ways. Jacob worked for his uncle Laban for just over 20 years and he changed his wages ten times. Are you guilty of doing this to innocent employees? Under the Law of the Old Covenant, you were commanded not to lie (**Exodus 20:16**). If you did, it was a curse and there were penalties payable. The Law carried blessings for obedience and curses for disobedience. But our gracious Lord Jesus redeemed us from every curse of the Law and became a curse for us when He gave His life on the Cross (**Galatians 3:13**). This gave us an opportunity, to repent and to receive forgiveness by faith. This means, that you are now forgiven for lying. You are now free and not in bondage because Jesus paid with His blood

for that sin. You might say "I don't believe that I'm free because I'm still lying and cheating? Repent means to turn away from sin; turning towards God; living in a new way that reflects a change of heart. Here's what you do! The next time you find yourself wanting to speak a lie, give a big shout at the Devil and say 'Stop!' Now, surrender to God by praising Him, praying, worshipping and reading His Word. Do it every day, till you find yourself hating lies. When that temptation visits you, resist it by being honest. In no time he will flee from you. This is how you take a stand against the Devil. If you keep asking for forgiveness for the same thing the devil will take advantage of you. Eventually, you may land yourself in bribery, corruption and crimes. Lying is the gateway to this. If you have been cheated, God is mindful of you! God was mindful of Jacob and blessed him exceedingly (**Genesis 30:43**).

# HCC Diwali Festival 2025

Lenasia's 32nd HCC Diwali Festival takes place on Saturday, 18 October, at Wolves Soccer Grounds, Ext 7 (Bluefin St entrance), from 2pm – 11pm. Entrance is just R10 per person. This premium community event promises a full day of fun, culture and celebration, with shopping, mouth-watering vegetarian foods, rides, children's activities, and vibrant cultural performances. The festival concludes with a grand fireworks display by Santech Fireworks, followed by live music from Chand Roshni and a DJ set. Food stalls will include donuts, samoosas, Chilli-bites, candy, slush, chips, spiral potatoes, pizza, hot dogs, burgers, biryani, bunny chows, curry and rice and coffee. The festival also hosts SANBS blood donations and basic medical checks. Parking is available near the Bluefin entrance and security is provided by Savage Protection Services in partnership with

the Lenasia CPF. The HCC team welcomes donations and sponsorships to support the festival. Contact team members for information: Kishore Badal 082 555 2050, Ishara Singh 072 436 1376, Vijay Naran 061 499 3728, Indira Mathura 082 430 2152, Viren Badal 082 347 7750, Indrin Kandasamy 079 500 7330, Kashmira Badal 072 727 8630, Ishana Ranchod 068 307 5083, Diya Mahadev 084 595 9435. Come celebrate Diwali, the Festival of Lights, in true Lenasia style, with family, friends and the wider community. Don't miss this annual celebration of culture, food, music and joy!  
\* See advert page 7



# Sri Devi Karumariamman Thirukoil to host Historic Vishesa 1008 Sangu Pooja and Abishegam



*Siva Sri S Ravinatha Sivachariyar, distinguished Chief Priest of the world-renowned Batu Malai Murugan Temple in Malaysia, will lead the grand prayer, on 12 October, marking his return to South Africa after 40 years.*  
His presence and blessings are set to make this a once-in-a-lifetime spiritual experience for the community. The highlight of the day will be the Sri Lakshmi Sahasranama Kungamam Archana, a sacred and powerful prayer invoking the divine energy of Sri Mahalakshmi, Goddess of Wealth and Prosperity. Sivaraman Gurukul told **GLOBE POST**: "We will be praying for all the challenges our country is facing. Amongst them its unemployment, many people are struggling we will pray for job opportunities." It is believed that when a sangu, blessed during this pooja, is placed in one's home, Sri Mahalakshmi herself will be seated within the household, bringing wealth, abundance and divine protection. The Significance of the Sangu: In Hindu tradition, the sangu (conch shell) is considered a sacred object of immense spiritual power. According to Vastu Shastra, placing the sangu in the right spot in the home helps to align the divine energy and Vaastu of the household and enhances the good fortune. Right-handed conches, in particular, are regarded as highly auspicious. Devotees believe that keeping a sanctified sangu at home not only invites the grace of Sri Mahalakshmi but also enhances family happiness, supports business growth and fulfills genuine wishes. Spiritual and material blessing. The 1008 Sangu Pooja, is believed to bless participants with: Upliftment of Vaastu and energy within the home; Relief from obstacles and difficulties; Improvement in

health conditions; Progress in education and career opportunities; Resolution of unemployment challenges; Abundance, wealth, and peace in family life. Devotees will also have the opportunity to acquire their own blessed sangu after the pooja, to be placed in their prayer room as a permanent source of divine blessings. This auspicious event promises blessings in abundance for all who participate. Devotees wishing to be part of this historic prayer are encouraged to make their bookings directly at the temple.  
**For info, call Guru Sivaramam on 072 281 9503 or Smt Nerina 083 588 5450.**

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The community gathers in prayer at The MS Pillay School Hall to honour their forefathers and loved ones who have passed on

# SA Hindus hosts successful 4th Annual Shraddh Pooja Remembering our Ancestors

The SA Hindus community gathered in unity on Sunday, 14 September, at The MS Pillay School Hall, Lenasia South for the 4th Annual Pitr Paksh Shraddh Pooja - Remembering our Ancestors. This heartfelt event witnessed an overwhelming turnout from the Johannesburg community, with 63 families participating in prayers dedicated to their forefathers and loved ones who have passed on. The atmosphere during the prayer was elevated by the melodious bhajans by renowned bhajan singer Bhushan Dass, captivating the hearts of all in attendance. Expressing their gratitude, participants lauded the Pitr Paksh Shraddh Pooja, emphasising its significance. Participants partook in the essential rituals like Tarpan, Shraddh, Pind Daan and food offerings to seek blessings and guidance from their forefathers. These rituals also aim to ensure a peaceful journey for their Ancestors in the afterlife. As part of the 888 Hamper Drive during Pitr Paksh, SA

Hindus distributed 108 hampers to families in need across Johannesburg, provided sandwiches and juices to four schools in Pietermaritzburg and served hot meals to children in Lawley and Lehae. **The 888 Hamper Drive will continue until 28th November 2025, when Saturn Retrograde concludes. The community is humbly invited to contribute towards this initiative.** SA Hindus NPC, Nedbank Strijdom Park, Account: 1220599212, Ref: 888/Your Cell Number. For all enquiries, please contact 067 638 2008. SA Hindus extends their heartfelt appreciation to the dedicated team and volunteers who worked tirelessly to make this event a resounding success. This annual event serves as a reminder of the unifying power of faith and community. Fostering understanding and harmony among diverse groups in Johannesburg. SA Hindus looks forward to continuing this tradition of spiritual togetherness in the years to come.

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# Aspen and Sports Ministry deliver world-class netball courts for Mid-Ennerdale learners



Minister of Sport, Arts and Culture, Gayton McKenzie, alongside Aspen Pharmacare representatives, Cllr Lois Simonse and other key stakeholders, officially launch the new court

The Minister of Sport, Arts and Culture, Gayton McKenzie, officiated the handover of two newly refurbished netball courts at Mid-Ennerdale Primary School on 15 September.

The refurbishment project was made possible through Aspen Pharmacare, demonstrating the company's ongoing commitment to strengthening community sports development.

The occasion also served as the official send-off for the SPAR Baby Proteas, South Africa's U21 national netball team, as they prepare to compete in the Netball World Youth Cup in Gibraltar from 19 to 28 September.

The Baby Proteas, seen as a crucial development stage for future senior players, have consistently qualified for the World Youth Cup and recently extended their unbeaten streak against Jamaica U21, Wales U21, and other African nations.

Ward 7's Cllr Lois Simonse, expressed heartfelt appreciation for the project, she said: "These are things we once prayed for. We thank Minister Gayton McKenzie and Stephen Saad, the CEO of Aspen Pharmacare, for keeping their promise to renovate the netball courts at Mid Ennerdale. Today, we are proud to announce that the courts are officially open. We are truly grateful - no words can fully describe how much this means to us. Thank you."

Image: Cllr Lois Simonse

## Local karatekas win big at Joseph Tshabalala Tourney



These young champions with Sensei Mabati Makwela, show skill, discipline and determination at the Vosloorus Civic Centre



Victors celebrate trophy triumph after nail-biting penalty shootout

## Ext 10 wins Al-Tawheed Football Tournament

The Daxina football ground came alive as the Al-Tawheed Foundation, hosted its 2nd Annual Football Tournament, uniting 10 U17 teams from across the community on 20 September.

The final between Bilal Centre and Ext 10 ended 0 - 0, with Ext 10 clinching a 4 - 2 victory in a thrilling penalty shootout. Champions received a full soccer kit, a trophy, and gold medals, celebrating their hard-earned win.

More than just football, the tournament highlighted youth talent, unity and community development. The Foundation thanked all teams, volunteers, and supporters for making the day a resounding success. Al-Iman Foundation, stand as a prominent institution for empowerment, firmly rooted in Islamic Values. It is steadfast in its dedication to empowering the community and nurturing well-rounded leaders of integrity.

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The Zakariyya Park and Lenasia South Karate Academies excelled at the 2nd Annual Joseph Tshabalala Tournament on 6 September. Under Sensei Mabati Makwela, and senior student Shodan Given Ngoepe, three young female karateka earned podium finishes.

Banele Khensani Radebe - Senior Female Under 55kg and Molebohang Lehauhau - Junior Female Under 60kg both took 1st place, while Asakhanya Msendese - Junior Female Under 30kg secured 3rd place.

Sensei Makwela, praised their dedication, he told **GLOBE POST**: "Discipline, hard work and family support can shape future leaders. I encourage the community and sponsors to support these champs with equipment, attire and transport."

Training runs Tuesdays and Thursdays at Zakariya Park from 5pm to 7pm and Monday, Wednesday, Friday at Lenasia South Ext 28, Hospital Hills from 4pm to 6pm.

# SPORTS



LSSKA karatekas with their trophy after the prestigious Westonaria tourney earlier this month

## Lenasia South Shotokan Karate Academy triumphs at Spartans Tournament

**This team returned home proud and motivated with an impressive collection of medals.** Every member of the Lenasia South Shotokan Karate Academy (LSSKA) secured multiple podium finishes on 6 September, a testament to their dedication, hard work, and passion for the art. A standout moment came when the dojo's orange belt and above category clinched the coveted Best Kata of the

Tournament, a remarkable achievement that set them apart from the competition. Beyond the victories, the dojo continues to embody the true values of Shotokan karate - discipline, respect, confidence and perseverance. Chief Instructor, Ashok Chotoo, told **GLOBE POST**: "We are very happy with the team's achievement. Parents seeking a safe, structured and empowering activity for their children are invited to join

the Lenasia South Shotokan Karate Dojo, where champions are nurtured both on and off the mat." "I would also like to encourage preschools to reach out should they wish to introduce karate as a fun and healthy fitness programme for their little ones. We are committed to producing top karatekas in Lenasia South," Chotoo added. **For more information, call Ashok Chotoo on 082 797 4396.**

## Lenasia South's football prodigy set to return to Brazil after wowing coaches



Uthmaan Caster is ready for Brazil

**A standout graduate of Hola Skoko Football Academy, Uthmaan Caster (14) is set to return to Brazil in 2026 to join a prestigious residential football programme.** He has already toured Spain and Brazil, impressing scouts with his skills. With dedication, discipline and strong family support, he is also preparing for a UK trip next year, chasing his dream of an international football career. Coaches praise his growth both on and off the field, highlighting his commitment and potential. Uthmaan's journey reflects talent, hard work and community pride as he takes bold steps toward global success.



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## RECOVERY AND WELLNESS CENTRE

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# CENTRE DIRECTOR

**Nishtara Recovery and Wellness Centre** - based in Lenasia and Orange Farm, is a registered non-profit organisation committed to the recovery and reintegration of individuals affected by addiction and substance use disorder. We are seeking an experienced and visionary leader who can make a tangible impact to join our team as **Centre Director**.

This is a key leadership role for a passionate individual who values purpose-driven work and has the ability to lead a multidisciplinary team, manage resources effectively and ensure the delivery of high-quality services in line with our mission and goals.

**Key Responsibilities:**

- Provide overall strategic vision for the organisation
- Lead staff management, capacity building and development
- Provide operational leadership, oversee day-to-day management and programmes
- Ensure compliance with organisational policies and relevant legislation
- Drive policy development and effective implementation
- Maintain sound financial management and reporting practices
- Facilitate fundraising, marketing, and donor relations
- Build and maintain strong networks with stakeholders, partners, and funders

**Required Skills and Competencies:**

- Strong administration and management abilities
- Policy development and implementation
- Staff management and development
- Financial planning and control
- Strong organisational and problem solving skills
- Experience in fundraising, marketing, and public relations
- Networking, stakeholder engagement and inter-sectoral liaison

**Minimum Requirements:**

- A Degree or higher qualification in Public Health, Social Work, Healthcare Administration, Business or Financial Management
- Experience in the addiction recovery field and/or non-profit management will be a strong advantage

**To apply:** Please submit your CV with a brief motivational letter to: [management@sancanishtara.co.za](mailto:management@sancanishtara.co.za)  
Closing date for applications: **10 October 2025**.  
Only shortlisted candidates will be contacted.

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