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MAY 2025

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SCAN ME



MAY 2025

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AKF's Lenasia South youth tackle corruption and service delivery at civic education workshop



These youth leaders are no longer just observers but engaging in dialogue on accountability

On 11 May, AKF youth came together at Lenasia South Civic Centre for a transformative civic education workshop under the theme "Accountability in Action: Shaping a Responsible Future."

Hosted by the Ahmed Kathrada Foundation's (AKF) Youth Activism Programme in partnership with Corruption Watch, the event focused on promoting accountability, integrity and the power of active citizenship. The workshop empowered participants with tools to better understand corruption, its various forms and how to combat it. It also created a space for young people to voice their concerns around poor service delivery and other pressing issues affecting their communities.

Attendees were encouraged to openly discuss their frustrations, particularly with the lack of responsiveness from local councillors. Through group discussions and collaborative sessions, youth

listed key local service delivery issues and unanimously identified slow service delivery as a top priority.

Dawood Raphaelalane, a facilitator, told **GLOBE POST**: "We cannot continue to feel sidelined in our own communities. The youth is ready to lead dialogues and demand answers. This workshop was the first step towards collective action."

As part of their next steps, participants committed to organising a community dialogue by September.

The aim is to present their findings and proposed solutions to relevant stakeholders and to ensure youth voices shape future developments in their area. The event highlighted the importance of youth leadership in fostering transparency and accountability – echoing the workshop's core message that change begins with informed and engaged citizens. **GLOBE POST** salutes these initiatives by the AKF for building informed and active citizens.

Suspect to appear in court on 13 June

Since Trinesh Pillay's tragic passing, family, friends and community members have continued to host events to honour his memory and demand justice. His mother, Marie Anne Veloo, expressed deep gratitude for the ongoing support, but says the court's decision to grant bail has left her devastated. Speaking to **GLOBE POST**, Veloo said: "I'm heartbroken. He walks free while I mourn my son. If he claims to be innocent, why wasn't he kept behind bars until proven so? He's accused of murder and attempted murder - he should not be back on the streets. I won't stop seeking answers as to why this happened. I want justice for my son."

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Help needed: Meriting family devastated by fire that took young boy's life and home

A grieving family in Meriting is pleading for help after a devastating shack fire claimed the life of a 7-year-old boy and destroyed everything they owned.

The tragedy struck on the evening of 5 May, shortly after load shedding ended. When the electricity was restored, a surge of power caused exposed wires to spark, igniting a fire that quickly engulfed the family's shack. At the time, the young boy was inside with his 9-year-old brother while their mother had stepped out to use a communal toilet located a distance away. The older sibling ran to get help when the fire broke out, but by the time neighbors arrived, the shack was already ablaze and too dangerous to enter due to electrification. Emergency Medical Services responded quickly, but it was too late to save the child. He was laid to rest on 9 May. Community leader Mxolisi Vuma, told **GLOBE POST**: "This heartbreaking incident has left the family with nothing. They lost their child, their home and all their belongings. We are appealing to the community for any form of assistance-clothing, blankets, furniture, school uniforms, stationery anything will help." **Anyone willing to donate or support the family in rebuilding their lives is urged to call Vuma on 069 331 4717.**



The family is appealing for donations to rebuild their lives

Five suspects arrested for killing JMPD officer, Matome, in Vlakas

This fatal incident has seen suspects appeared at the Lenasia Magistrate's Court on 19 May in connection with the fatal shooting of Johannesburg Metropolitan Police Department (JMPD) Officer Matome Mokoena.

They face charges of murder, possession of unlicensed firearms and ammunition and defeating the ends of justice. The accused were apprehended in Soweto following an intensive investigation. Officer Mokoena, 33, was killed on the evening of Wednesday, 14 May, while responding to a robbery in Vlakfontein alongside a colleague. The officers intercepted a white VW Polo matching the suspect vehicle description. As Officer Mokoena approached the car, which had five occupants, he was met with gunfire. Although the officers took cover, the

suspects reportedly chased officer Mokoena to a nearby residence where he was fatally shot. They then fled the scene, stealing his service firearm and the JMPD patrol vehicle, which was later disabled remotely and recovered abandoned in Lehae. JMPD has also linked the suspects to the fatal shooting of a member of the public in the same area that night. Investigations are ongoing. "This is a dark day for JMPD and the entire city. We will not rest until justice is served," said JMPD Chief of Police, Commissioner Patrick Jaca, who described officer Mokoena as a committed and courageous officer. JMPD and SAPS have launched a joint full-scale investigation and are determined to ensure that those responsible are held accountable.



Officer Mokoena tragically killed in the line of duty, his killers appeared in court on 19 May

Ennerdale residents outraged by crash linked to drag racing!

Earlier this month, Johannesburg Metropolitan Police Department (JMPD) responded to a serious multi-vehicle collision at the intersection of Provincial Road and Laste Aqqaat Street in Ennerdale Ext 5.

The crash involved five vehicles, leaving one driver critically injured and rushed to Chris Hani Baragwanath Hospital for urgent medical care. Three of the drivers remained at the scene and gave statements to authorities. One tested significantly over the legal alcohol limit, recording 1.55 mg/l far above the 0.24 mg/l threshold and was immediately arrested. A fifth driver was taken to hospital by family members who declined to comment further. Preliminary investigations suggest the crash may have been caused by illegal drag racing involving an Audi and a VW Polo. JMPD has since opened a case of reckless and negligent driving, including charges of driving

under the influence of alcohol. In the days following the crash, frustrated **Ennerdale residents voiced their concerns on social media, calling for action against reckless driving and illegal racing** Aneesa Cassim urged authorities to clamp down: "The law should put an end to all these drag races." **Bevarian McKenzie**, a racer himself, suggested solutions: "More racetracks need to be built-it would help reduce illegal street racing." **Fahk Hue** compared local enforcement to overseas practices: "In the UK, when you're caught racing, they destroy the car. We should do the same-especially with the loud, unlicensed motorcycles racing through the streets on Sundays." **Danyal Riffel** questioned the assumptions: "This looks like a BMW E39 5 Series it weighs nearly two tons. How can they claim it was

drag racing? Maybe it was a teenager who took his grandfather's car for a joyride." **Shugz Suikervic** distanced the community from the incident: "On behalf of Ennerdale-this one's not one of us. He was just visiting. Please post this on his community page he doesn't represent us." Residents are now calling for tighter enforcement, better infrastructure and serious consequences for offenders. As investigations continue, the Ennerdale community remains shaken-and determined to reclaim their streets.



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Hemalee Chhiba releases "Meri Ma Hai" in tribute to late mum, Pritama Chhiba

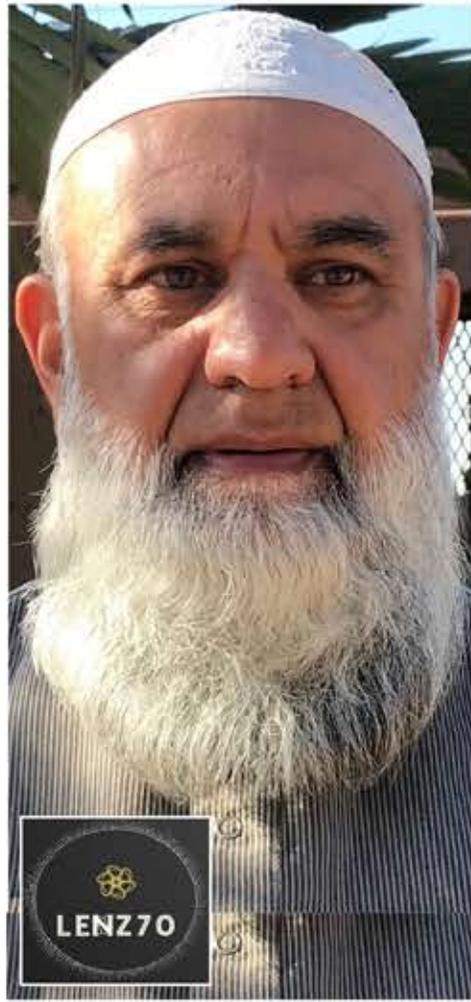


Hemalee delivers a soulful melody that beautifully captures the unbreakable bond between mother and daughter

This past Mother's Day, singer Hemalee Chhiba, released a deeply moving song titled "Meri Ma Hai" - a

powerful tribute to her late mum and to the unwavering love, strength and spirit of mothers everywhere. Hemalee's artistic journey began in childhood, where moments of light and shadow shaped her soul. From those early days, her devotion to her mother wove itself into the roots of her music. Even as her mother's fragility became evident, Hemalee's love grew stronger delicately, like a vine reaching toward sunlight. As the years passed, her voice matured, echoing with emotional depth and spiritual grace. Her music became more than art; it became a sacred space one where the deepest emotions found harmony and healing. That journey found new voice with the release of "Meri Ma Hai". More than just a song, it is a ballad of daughterly devotion - a luminous expression of love that speaks the universal language of the heart. She told **GLOBE POST**: "The track is a living testament to the bond between my mother and I, a melody for my mum that will surely echo in the hearts of many." The song was written and composed by Kunal Mishra, directed by Suri Chhiba and co-directed by Kunal Mishra and Mrinal Dev, with the video produced by Mini Music India. It was released under Galiyara Music and co-produced by her dad, Suri Chhiba and the Galiyara Music label. As the lyrics say, "Kabhi-kabhi mere dil mein khyaal aata hai". Sometimes, the heart speaks louder than words. Watch and feel the emotion of "Meri Ma Hai" now, available via Galiyara Music. To listen to the track, please visit <https://facebook.com/share/p/1KoSFDCxLG/>

Where shall we bury our beloved? A brief history of burials in Lenasia



Dr Ismail Vadi, Lenz 70 head, reflects on the history and raises concerns about burials and cremation in Lenasia. This is an abridged version. For the full report, and other updates, visit: www.lenasialegacy.co.za

Burial and cremation are sacred rites deeply rooted in religious and cultural traditions. Yet in apartheid-era South Africa, these intimate moments were often overshadowed by racially discriminatory policies. In Johannesburg, including Lenasia, burials were governed not just by faith but by race, with cemeteries segregated under the Group Areas Act from the 1950s onward. Before apartheid, Indian residents buried their loved ones in shared cemeteries such as Braamfontein, Roodepoort, Newclare and Kliptown. Cremations were conducted at the Brixton Hindu Crematorium, established in 1918 through the efforts of Thambi Naidoo. With the forced relocation of Indian communities to Lenasia in the 1950s, families faced logistical challenges as no local burial or cremation facilities existed. It wasn't until 1972 that the Lenasia Muslim Cemetery was established, followed by the Hindu Crematorium in 1986. These sites became central to the spiritual and communal life of Lenasia. Over the years, prominent political and community leaders have been laid to rest or cremated here, turning the cemeteries into historical landmarks. Community-based burial societies now manage funeral logistics, support grieving families and even repatriate bodies when necessary. Despite this, poor maintenance by Johannesburg City Parks has left the cemeteries vulnerable to vandalism, crime and environmental damage. Community volunteers have stepped in to preserve these sacred spaces, including clearing land to create 400 new graves in 2021. Lenasia's cemeteries not only honour the dead but also reflect a community's resilience against injustice and neglect.

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THE PURPOSE OF QURBANI



When is Eid al-Adha 2025?

The date may vary according to moon sightings in different parts of the world. In the South Africa, Eid-al Adha 2025 is expected to fall on the evening of Friday, 6th June, until Tuesday, 10th June.

What is Eid al-Adha?

Eid al-Adha is one of the two blessed Eids celebrated by Muslims. On Eid al-Adha we remember the sacrifice made by Prophet Ibrahim (peace be upon him). In remembrance of his sacrifice, and to help the poor and needy, we give our own sacrifice of Qurbani.

Sacrifice on Eid al-Adha

Following the Eid prayer on the first day of Eid al-Adha, we start to offer the sacrifice of Qurbani, to remember the sacrifice made by Prophet Ibrahim (peace be upon him) to Allah SWT.

A portion of this meat (from a sheep, goat, cow or camel) then goes to help our brothers and sisters in need.

Observances on Eid al-Adha

As with any festival and important occasion, we follow the example of Prophet Muhammad (peace be upon him).

There are various Sunnah acts of worship you can do on the day of Eid. As with any important religious occasion, Muslims follow the example (Sunnah) of Prophet Muhammad (SAW) and practice various Sunnah acts on Eid al-Adha.

What are the Sunnah acts for Eid al-Adha?

Here's everything you need to do on Eid al-Adha:

- Make ghusl (take a shower or bath)
- Eat breakfast – the Prophet (peace be upon him) ate dates before going out to prayer
- Wear the best clothes you have
- Apply fragrance/perfume
- Say the general takbeerat after Fajr prayer
- Walk to the mosque for Eid prayer – using a different route on the way back
- Perform Eid prayer in congregation
- Connect with friends and family
- Exchange gifts

Source: Islamic Relief South Africa

'Show' your support - help raise funds for Shakil's heart op

A heartwarming evening of music, unity and purpose is set to take place on 7 June at 6pm at Gandhi Hall, Lenasia.

Once again, **GLOBE POST** is honoured to stand in support of this powerful initiative to help raise crucial funds for Shakil Pillay's life-changing surgery. The event, hosted by Entertainers 4 Purpose, is an Eastern Variety Show featuring some of Gauteng's top artists – all performing for one reason: to raise funds for young Shakil's life-saving heart surgery. Shakil, a brave young boy, urgently needs R7.2 million for a critical heart operation. His family, alongside the community, is appealing to the public, businesses and sponsors to help turn this mission into a reality. The concert not only promises unforgettable entertainment, but also serves

as a beacon of compassion and solidarity. As part of the fundraising drive, the organisers are calling on 10 companies to each contribute R500 towards advertising for the concert. In return, the companies will have their logos prominently featured on the event's promotional materials. Businesses of all sizes are also encouraged to donate whatever they can. Shakil's mother Raeesa Pillay, told **GLOBE POST**: "Every donation counts and your support brings us one step closer to saving Shakil's life. Let's unite for Shakil's cause and make a real difference." Tickets to the show are R100, with an option to make a R200 donation instead. Community members are urged to come together for a night of joy and generosity – and help give Shakil a fighting chance. **For those interested in donating or sponsoring, can call, Raeesa on 082**

Centenary celebrations honour legacy of love and service in Lenasia South

The global centenary celebration of Bhagavan Sri Sathya Sai Baba's birth reached heartfelt heights this past Saturday as the Sri Sathya Sai School in Lenasia South hosted a powerful Grama Seva (village service) outreach initiative.

Commemorating 100 years since the birth of the revered spiritual leader, the event echoed Baba's timeless message of "Love All, Serve All" and "Help Ever, Hurt Never." Born in 1926 in Puttaparthi, India, Bhagavan Sri Sathya Sai Baba dedicated his life to promoting human values such as truth, righteousness, peace, love and nonviolence - teachings that continue to resonate across the globe.

On Saturday, the school's grounds were transformed into a space of compassion and unity. Underprivileged residents from Lenasia South and surrounding areas were welcomed with hot meals, essential grocery and vegetable packs and gently used clothing. Guests also enjoyed uplifting live performances by local musicians and bands, creating a festive, inclusive atmosphere. "This service honours the legacy of Bhagavan Sri Sathya Sai Baba in a meaningful and practical way. It's a celebration of humanity, unity and love," organisers said. As communities worldwide continue the centenary tributes, Lenasia South stands proud in upholding the values of service and compassion that defined Baba's mission.

Mt Cook residents gear up to fight crime!



Residents of the Mount Cook Street Precinct have taken a bold step to reclaim their streets and create a safe environment for all.

After facing a wave of crime including attempted hijackings and robberies -the community decided enough is enough. United in action, they have begun the process of gating the area and have enlisted the services of a registered private security company. "This initiative is not just about safety - it's about restoring peace of mind and taking back control of our neighbourhood, one street at a time," said precinct chairperson, Sagie Moodley.

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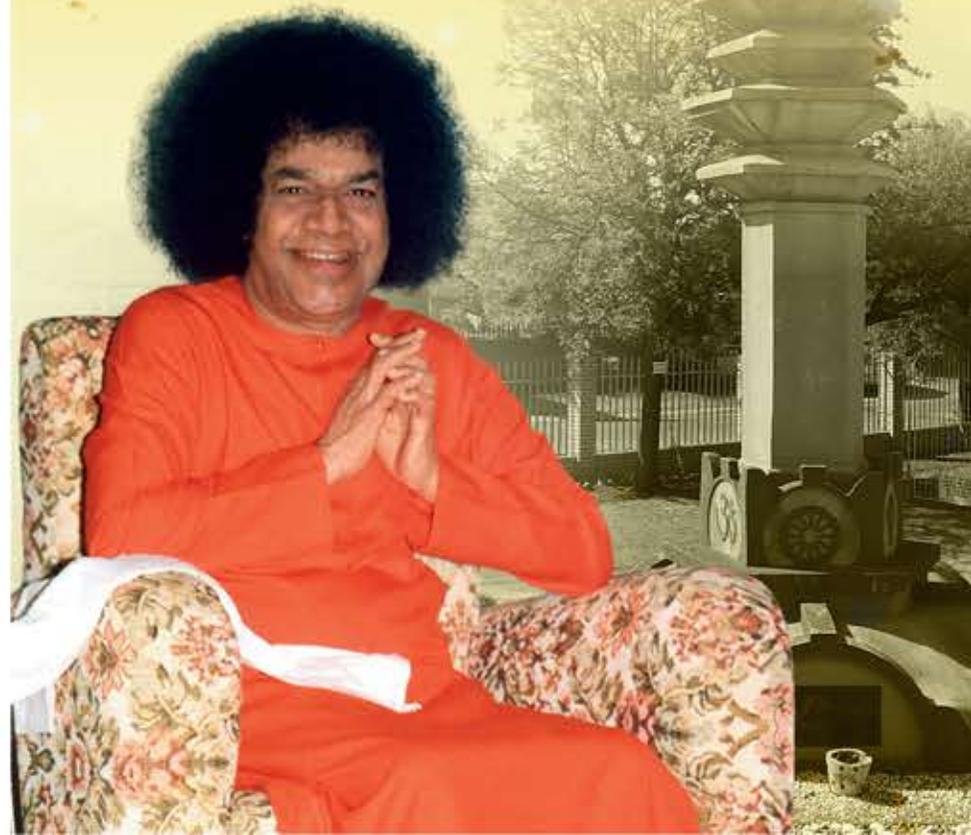
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Sri Sathya Sai Speaks, Vol 18 (1985)



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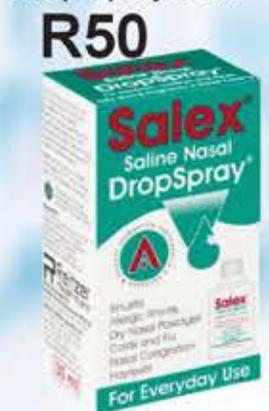
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Wisdom is instilled in her as to whom she interacts with, as to whom her circle of friends should be and as to where she goes and what she does and watches. Young people don't like this! They want to feel free to do what they desire. But one day you find her on her bed, all curled up, weeping and sobbing. She cries out, "Mommy, I've been raped."

Tamar, the daughter of King David and the sister of Absalom, was a very beautiful woman. Amnon, her half-brother had an erotic love for her. He purposefully and strategically planned the whole rape violation.

He pretended to be sick. Lying in bed, his dad, the king came to see him. He requested that Tamar attend to his meals. The king approved! The confused attendant left at Amnon's request, preparing the way for his sinister act. Tamar took the prepared meal to Amnon. As soon as she laid the meal on the table, he grabbed

hold of her, displaying every intention of lying with her. She tried to force her way out of this, saying, that it was a disgraceful and shameful thing. But he, ignoring her pleas, overpowered her and raped her. His lustful love suddenly turned to hatred for this soulful young woman. Suddenly, the harsh reality confronts him and he wants to cover up his evil act. Amnon shouts for his attendant and commands him to remove her from the room and to lock the door, to shut her off as if he has done nothing wrong and his innocence is intact, thus avoiding to face the consequences for his actions. Tamar felt used, ashamed, devastated and alone. She tore her robe signifying her grief, put ashes on her head and went and lived in sorrow and isolation in the house of her brother, Absalom. Her life, forever changed and being defiled, could never marry another man. Tamar's mother, Maacah, born of a royal family, was deeply distressed. Daily, it burdened her to see her daughter in that manner. David married Maacah because of Political Alliance. She

was caught between the devil and the deep blue sea, wondering what would the outcome be! David was angry. Does the Law hold the perpetrator accountable? Do perpetrators confront their lustful desires. Does rape promote family betrayal leading to civil war? Does a father protect his daughter? (2 Samuel 13).

PRAYER

Father, I pray for those who are grappling with the effects of rape. I ask you to heal their spirit, soul and body. I pray the stigma of rape be wiped out from her and that her past will not be the place she lives in but lives from. Help them to receive their healing by faith and give them the grace to gradually continue with their lives into fulfilment for Your glory. I ask for Your protection upon all women. Help them to be fully aware as to where they are, their surroundings, their associations and whom they are trusting. I pray that men will respect all females and they will be careful to treat others in the same that they would want to be treated (Matthew 7:12).

MY DAUGHTER, A VICTIM OF RAPE!



By Ps Radha Moodley
Faith Bible College

Joburg occupational health nurse reflects on 30-year career in workplace wellness



Titus Matlawe has been passionately serving his communities by driving real change

For over three decades, Titus Matlawe (57) has been a dedicated presence in the nursing profession, bringing the same passion and commitment to his work as he did when he first started.

As a Senior Occupational Health Nurse for the City of Johannesburg, Matlawe finds immense satisfaction in making a real difference in the lives of the city's employees. Based in Region G, which includes Ennerdale, Lenasia and Orange Farm, Matlawe plays a vital role in ensuring a healthy and safe working environment for City of Johannesburg employees. His daily tasks include conducting medical and risk assessments, screenings, raising health awareness and facilitating important educational and vaccination drives. Matlawe shared: "As a nursing professional, I take pride in making a tangible difference in patients' lives through compassionate care, advocacy and expertise.

Despite the demands of long hours and emotional strain, the ability to provide comfort, promote healing and support people during their most vulnerable times offers a profound sense of purpose and fulfilment." Matlawe's extensive career in nursing spans many years. He initially joined the Johannesburg Property Company in 2020 to assist with Covid-19 screening at the height of the pandemic. Following a brief stint at the Johannesburg Roads Agency, he was appointed to his current role in 2022. Before joining the City, Matlawe spent over a decade as an Occupational Health Nurse at Eskom and gained experience in Life Occupational Health care in the early 2000s in various industries. He also served as a national coordinator at Spoomet and senior professional nurse at Chris Hani Baragwanath Hospital. Matlawe obtained his nursing qualification from Medunsa in 1990 and later earned a

diploma in Occupational Health from Occupational Care South Africa Academy of Excellence. Growing up in a township in the North West Province, Itsooseng, Matlawe credits his humble background for shaping his values. His father, a bricklayer who passed away due to congestive cardiac failure in 1980, inspired Matlawe's interest in occupational health. "Working in construction exposes you to dust and noise and his father's illness made me want to learn more about ensuring employee safety in organisations," Matlawe added. His mother, a hospital general worker, instilled in him the strong principles of Ubuntu, which continue to guide his work and life. Outside of his professional life, Matlawe is a passionate music lover and collector. Dependable and caring both professionally and personally, Matlawe continues to dedicate his life to his fulfilling calling within the City of Johannesburg.

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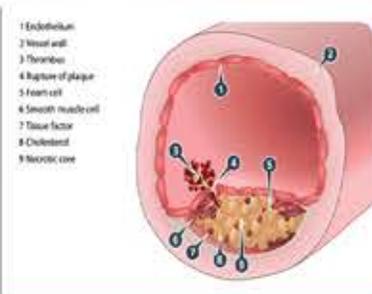
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How arteries get blocked in diabetes...



Dr HK Vallabh
Ennerdale Centre for Diabetes



There is a very thin brush layer on the lining of the arteries that carry blood to the different parts of the body.

This layer produces Nitric oxide which keeps the artery open and it also keeps away things that can damage the lining of the artery.

What goes wrong in diabetes: The high blood glucose forces the liver to produce lots of Triglycerides, a type of fat. The liver fills up quickly with the Trigs and it now is forced to send out the Trigs to the other parts of the body. It is carried in smaller LDL molecules which allow the fat to travel in the blood. High glucose also damages these small LDL molecules and they become abnormal, oxidized or 'rusted'. These are small enough to get through the wall of the blood vessels into the under surface. The body's defence cells, macrophages recognise as abnormal and swallows them up. Repeated swallowing causes the macrophages to become full of fat. They continue holding onto them and when over full, they summon other macrophages to also do the same. This accumulation of causes the inside lining of the artery wall to lift up and narrow the artery cavity. These bumps can sometimes burst and a clot will try to close off the hole. When stable, the body will put a layer of chalk on the bump. This can happen repeatedly and form multiple layers of bumps. When large enough, ruptures occur forming a clot closing off the artery. This causes strokes and heart attacks. To know more, call Dr HK Vallabh on 011 855 1600.

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Despite challenges, LSSKA revives Lenasia South tourney after five years



Shihan Bongie (Soweto), Shihan Afzal (Lenasia), and Shihan Hira (Lenasia) pictured with Sensei Ashok (Lenasia South). Shihan Hira, Sensei Ashok, and senior referees prepare the girls' senior belts for their upcoming match

The Lenasia South Shotokan Karate Academy (LSSKA) hosted its annual karate tournament on Saturday, 24 May at the Lenasia South Civic Centre.

The tournament returned after a long break, following the impact of the Covid-19 pandemic. Over the past five years, the club faced many challenges, but thanks to the dedication of chief instructor Sensei Ashok Chotoo, it was rebuilt to its former glory. The event was a great success, with dojos from across Gauteng participating. Shihan Mohn Hira attended as a guest and the event also commemorated Africa Day (25 May). Participants, including students from Lenasia South, showcased their skills in both Kata and Kumite. Many walked away with medals for their efforts. Sensei Ashok expressed pride in the commitment shown by the karatekas and thanked parents for their continued support and encouragement in the lead-up to the tournament. Lenasia South's Shotokan Karate Academy was established in 1990 to promote the art of karate in the area, encouraging self-

discipline, self-defence, and confidence, among other benefits. Sensei Ashok Chotoo, a 5th Dan ISKF-accredited instructor, is supported by Leon Chotoo, a 4th Dan and also an accredited ISKF instructor. In recent years, the academy has focused on the theme "DO KARATE. NOT DRUGS!" — using karate as a positive alternative to drugs and bullying, while preserving traditional Shotokan values and discipline. Karate offers numerous benefits, such as: Strengthening the mind, boosting focus and awareness, and building confidence. Enhancing physical abilities through improved coordination, quicker reflexes, stamina, and overall health. Equipping students with self-defence skills. Parents are encouraged to involve their children in the sport for both its mental and physical advantages. For more information, contact Sensei Ashok Chotoo on 082 797 4396 or visit the Lenasia South Civic Centre on Mondays and Wednesdays from 6pm to 7pm.



Shodan Given Ngoepe with his trainer and mentor, Sensei Mabati Makwela

At just 28-years-old, Shodan Given Ngoepe, has carved his name into the history books of martial arts. His recently earned a First Dan Black Belt in Kyokushinkai Karate which 'is not just a personal victory but a symbol of discipline, dedication and inspiration for the youth of Vlakfontein and beyond. Given's karate journey began in 2015 under the guidance of Sensei Mabati Makwela, founder of the Zakariyya Park Karate Club. From the start, his unwavering commitment set him apart. Sensei Makwela, said: "Many students use academic pressure as an excuse but for Given, karate became a tool for better focus and academic performance." In March, his efforts were rewarded at the Kyokushinkai Karate Headquarters in Mpontsheng, Ekurhuleni, where he was officially honoured under the supervision of country representative Shihan Sibisi. Makwela couldn't be prouder, he said: "Since establishing the club in 2014 and later expanding to Lenasia South, Given is the first student to reach this milestone. His achievement proves that the beat goes on."

Vlakfontein's karate star urges youth to dream big after earning Black Belt

For Given, the Black Belt represents more than just mastery of a martial art, he told **GLOBE POST**: "The journey was tough, but through hard work, determination, and the support of my trainer, I made it. I'm truly grateful." Now a Shodan, Given hopes his story will motivate other young people in Vlakfontein to pursue their goals with the same discipline karate has taught him. His success is a shining example of what's possible when passion meets purpose.

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CAF Champions League final's first leg ends in a tie



Mamelodi Sundowns looked set for a first-leg victory after taking the lead, but a last-minute equaliser by Pyramids FC means the final remains wide open. The decisive second leg is coming up in Cairo on 1 June and it's all on the line. The draw keeps Pyramids unbeaten in the knockout stages and marks a major milestone in their first-ever final appearance. Masandawana must deliver a strong away performance and aim for a vital goal to claim the crown!

Image: Shiraaz Mohamed



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